



15. Slusialauf 2013 \"Zur Eisernen Hand\"  
Schleusingen / 12.05.2013

Detailed evaluation

Zeh, Heike

Club: Erlau

Number: 283

Course: 5.50 km

Schnupperlauf, Jugendlauf U20, U18

Category:

Damen

Total time: 43:30

Speed: 6.90 km/h

Running performance: 7:55 min/km

Rank in course/Total: 8 (of 9)

Rank in course/Women: 2 (of 3)

Best time in course: 33:37

Rank in category: 1(of 2)

Best time in the category: 43:30