



15. Slusialauf 2013 \"Zur Eisernen Hand\"
Schleusingen / 12.05.2013

Detailed evaluation

Merrbach, Frank

Total time: 53:46

Number: 421

Speed: 15.73 km/h

Running performance: 3:49 min/km

Course: 14.10 km

Rank in course/Total: 2 (of 55)

Hauptlauf

Rank in course/Men: 2 (of 40)

Best time in course: 53:44

Category:

Rank in category: 1(of 8)

Senioren M30 (30-34 Jahre)

Best time in the category: 53:46