



15. Slusialauf 2013 \"Zur Eisernen Hand\"  
Schleusingen / 12.05.2013

Detailed evaluation

Holland-Moritz, Denny

Club: RTV Haselgrund  
Number: 408

Course: 14.10 km  
Hauptlauf

Category:  
Männer (20-29 Jahre)

Total time: 55:02

Speed: 15.37 km/h  
Running performance: 3:54 min/km

Rank in course/Total: 4 (of 55)

Rank in course/Men: 4 (of 40)

Best time in course: 53:44

Rank in category: 1(of 6)

Best time in the category: 55:02