



15. Slusialauf 2013 \"Zur Eisernen Hand\"
Schleusingen / 12.05.2013

Detailed evaluation

Gehler, Michael

Club: Hainaer SV

Number: 400

Course: 14.10 km

Hauptlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:06:12

Speed: 12.69 km/h

Running performance: 4:42 min/km

Rank in course/Total: 19 (of 55)

Rank in course/Men: 19 (of 40)

Best time in course: 53:44

Rank in category: 4(of 6)

Best time in the category: 53:44