



15. Slusialauf 2013 \"Zur Eisernen Hand\"
Schleusingen / 12.05.2013

Detailed evaluation

Golembowski, Oliver

Total time: 1:10:01

Number: 428

Speed: 12.00 km/h

Running performance: 4:58 min/km

Course: 14.10 km

Rank in course/Total: 26 (of 55)

Hauptlauf

Rank in course/Men: 24 (of 40)

Best time in course: 53:44

Category:

Rank in category: 5(of 8)

Senioren M30 (30-34 Jahre)

Best time in the category: 53:46