



15. Slusialauf 2013 \ "Zur Eisernen Hand\  
Schleusingen / 12.05.2013

Detailed evaluation

Fritsche, Michael

Club: Schleusingen

Number: 389

Course: 14.10 km

Hauptlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:10:33

Speed: 11.91 km/h

Running performance: 5:00 min/km

Rank in course/Total: 27 (of 55)

Rank in course/Men: 25 (of 40)

Best time in course: 53:44

Rank in category: 5(of 6)

Best time in the category: 53:44