



15. Slusialauf 2013 \"Zur Eisernen Hand\"  
Schleusingen / 12.05.2013

Detailed evaluation

Fehringer, Carsten

Club: Zella-Mehlis

Number: 418

Course: 14.10 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:10:59

Speed: 11.92 km/h

Running performance: 5:02 min/km

Rank in course/Total: 29 (of 55)

Rank in course/Men: 27 (of 40)

Best time in course: 53:44

Rank in category: 6(of 7)

Best time in the category: 54:41