



15. Slusialauf 2013 \"Zur Eisernen Hand\"  
Schleusingen / 12.05.2013

Detailed evaluation

**Matz, Erich**

Club: Rhönblick  
Number: 393

Course: 14.10 km  
Hauptlauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:11:58

Speed: 11.67 km/h  
Running performance: 5:06 min/km

Rank in course/Total: 31 (of 55)

Rank in course/Men: 28 (of 40)

Best time in course: 53:44

Rank in category: 3(of 4)

Best time in the category: 1:05:39