



15. Slusialauf 2013 \"Zur Eisernen Hand\"
Schleusingen / 12.05.2013

Detailed evaluation

Matz, Erich

Club: Rhönblick
Number: 393

Course: 14.10 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:11:58

Speed: 11.67 km/h
Running performance: 5:06 min/km

Rank in course/Total: 31 (of 55)

Rank in course/Men: 28 (of 40)

Best time in course: 53:44

Rank in category: 3(of 4)

Best time in the category: 1:05:39