



15. Slusialauf 2013 \"Zur Eisernen Hand\"
Schleusingen / 12.05.2013

Detailed evaluation

Kramer, Bärbel

Club: TSV 1860 Römhild
Number: 278

Course: 14.10 km
Hauptlauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:12:34

Speed: 11.66 km/h
Running performance: 5:09 min/km

Rank in course/Total: 34 (of 55)
Rank in course/Women: 4 (of 15)
Best time in course: 1:06:50

Rank in category: 2(of 3)
Best time in the category: 1:11:16