



15. Slusialauf 2013 \"Zur Eisernen Hand\"  
Schleusingen / 12.05.2013

Detailed evaluation

Amarell, Alexander

Total time: 1:12:51

Number: 423

Speed: 11.53 km/h

Running performance: 5:10 min/km

Course: 14.10 km

Rank in course/Total: 35 (of 55)

Hauptlauf

Rank in course/Men: 31 (of 40)

Best time in course: 53:44

Category:

Rank in category: 6(of 8)

Senioren M30 (30-34 Jahre)

Best time in the category: 53:46