



20. Gothaer City-Lauf
Gotha / 12.05.2013

Detailed evaluation

Hölzer, Heiko

Club: Gotha
Number: 129

Course: 11.10 km
City-Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:01:48

Speed: 10.68 km/h
Running performance: 5:34 min/km

Rank in course/Total: 190 (of 228)

Rank in course/Men: 155 (of 183)

Best time in course: 35:56

Rank in category: 19(of 19)

Best time in the category: 39:18