



20. Gothaer City-Lauf
Gotha / 12.05.2013

Detailed evaluation

Zscharnt, Holger

Club: DAV Inselberg
Number: 112

Course: 11.10 km
City-Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:09:43

Speed: 9.47 km/h
Running performance: 6:17 min/km

Rank in course/Total: 215 (of 228)

Rank in course/Men: 174 (of 183)

Best time in course: 35:56

Rank in category: 28(of 30)

Best time in the category: 39:31