



## 20. Gothaer City-Lauf

Gotha / 12.05.2013

### Detailed evaluation

Heinemann, Sylvie

Club: Gotha

Number: 29

Course: 11.10 km

City-Lauf

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 1:12:14

Speed: 9.14 km/h

Running performance: 6:31 min/km

Rank in course/Total: 218 (of 228)

Rank in course/Women: 43 (of 45)

Best time in course: 47:26

Rank in category: 5(of 5)

Best time in the category: 50:46