



20. Gothaer City-Lauf

Gotha / 12.05.2013

Detailed evaluation

Glawe, Swen

Club: LG Sonneborn

Number: 893

Course: 11.10 km

City-Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:12:41

Speed: 9.08 km/h

Running performance: 6:33 min/km

Rank in course/Total: 219 (of 228)

Rank in course/Men: 176 (of 183)

Best time in course: 35:56

Rank in category: 29(of 30)

Best time in the category: 39:31