



20. Gothaer City-Lauf
Gotha / 12.05.2013

Detailed evaluation

Rödger, Steffen

Number: 246

Course: 11.10 km
City-Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:12:50

Speed: 9.14 km/h

Running performance: 6:34 min/km

Rank in course/Total: 220 (of 228)

Rank in course/Men: 177 (of 183)

Best time in course: 35:56

Rank in category: 30(of 30)

Best time in the category: 39:31