



## 20. Gothaer City-Lauf

Gotha / 12.05.2013

### Detailed evaluation

**Pokahr, Viola**

Club: Sonntagsläufer Tambach-Dietharz

Number: 175

Course: 11.10 km

City-Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:21:02

Speed: 8.14 km/h

Running performance: 7:18 min/km

Rank in course/Total: 223 (of 228)

Rank in course/Women: 44 (of 45)

Best time in course: 47:26

Rank in category: 4(of 4)

Best time in the category: 51:32