



20. Gothaer City-Lauf
Gotha / 12.05.2013

Detailed evaluation

Thurm, Ingo

Club: sc-impuls Erfurt
Number: 145

Course: 11.10 km
City-Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 39:31

Speed: 16.85 km/h
Running performance: 3:34 min/km

Rank in course/Total: 3 (of 228)

Rank in course/Men: 3 (of 183)

Best time in course: 35:56

Rank in category: 1(of 30)

Best time in the category: 39:31