



20. Gothaer City-Lauf

Gotha / 12.05.2013

Detailed evaluation

Mehr, Ralf

Club: PSV Meiningen

Number: 84

Course: 11.10 km

City-Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 43:20

Speed: 15.37 km/h

Running performance: 3:54 min/km

Rank in course/Total: 8 (of 228)

Rank in course/Men: 8 (of 183)

Best time in course: 35:56

Rank in category: 3(of 30)

Best time in the category: 39:31