



20. Gothaer City-Lauf
Gotha / 12.05.2013

Detailed evaluation

Wenzel, Ralf

Club: th. Forstsportverein
Number: 157

Course: 11.10 km
City-Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 45:49

Speed: 14.54 km/h
Running performance: 4:08 min/km

Rank in course/Total: 23 (of 228)

Rank in course/Men: 23 (of 183)

Best time in course: 35:56

Rank in category: 7(of 30)

Best time in the category: 39:31