



20. Gothaer City-Lauf

Gotha / 12.05.2013

Detailed evaluation

Herrmann, Michael

Club: sc impuls erfurt

Number: 139

Course: 11.10 km

City-Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 45:52

Speed: 14.39 km/h

Running performance: 4:08 min/km

Rank in course/Total: 24 (of 228)

Rank in course/Men: 24 (of 183)

Best time in course: 35:56

Rank in category: 3(of 14)

Best time in the category: 43:45