



20. Gothaer City-Lauf

Gotha / 12.05.2013

Detailed evaluation

Kouschil, Thomas

Club: Klemme AG Nordhausen

Number: 165

Course: 11.10 km

City-Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 46:23

Speed: 14.23 km/h

Running performance: 4:11 min/km

Rank in course/Total: 27 (of 228)

Rank in course/Men: 27 (of 183)

Best time in course: 35:56

Rank in category: 8(of 30)

Best time in the category: 39:31