



20. Gothaer City-Lauf
Gotha / 12.05.2013

Detailed evaluation

Kupfer, Jörg

Club: Lauffreunde Gotha
Number: 134

Course: 11.10 km
City-Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 46:36

Speed: 14.29 km/h
Running performance: 4:12 min/km

Rank in course/Total: 31 (of 228)

Rank in course/Men: 31 (of 183)

Best time in course: 35:56

Rank in category: 5(of 31)

Best time in the category: 42:47