



20. Gothaer City-Lauf

Gotha / 12.05.2013

Detailed evaluation

Gloger, Andreas

Club: VFL 28 Ellrich

Number: 73

Course: 11.10 km

City-Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 46:47

Speed: 14.11 km/h

Running performance: 4:13 min/km

Rank in course/Total: 32 (of 228)

Rank in course/Men: 32 (of 183)

Best time in course: 35:56

Rank in category: 6(of 31)

Best time in the category: 42:47