



20. Gothaer City-Lauf
Gotha / 12.05.2013

Detailed evaluation

Pawlow, Kamen

Club: FSV Gotha
Number: 0

Course: 11.10 km
City-Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 49:01

Speed: 13.46 km/h
Running performance: 4:25 min/km

Rank in course/Total: 53 (of 228)

Rank in course/Men: 52 (of 183)

Best time in course: 35:56

Rank in category: 10(of 29)

Best time in the category: 43:00