



20. Gothaer City-Lauf
Gotha / 12.05.2013

Detailed evaluation

Krensel, Silvio

Club: Georgenthal
Number: 198

Course: 11.10 km
City-Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 53:51

Speed: 12.26 km/h
Running performance: 4:51 min/km

Rank in course/Total: 99 (of 228)

Rank in course/Men: 90 (of 183)

Best time in course: 35:56

Rank in category: 16(of 31)

Best time in the category: 42:47