



20. Gothaer City-Lauf

Gotha / 12.05.2013

Detailed evaluation

Lier, Gerd

Club: Gü-We Läufer

Number: 127

Course: 11.10 km

City-Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 54:36

Speed: 12.09 km/h

Running performance: 4:55 min/km

Rank in course/Total: 113 (of 228)

Rank in course/Men: 102 (of 183)

Best time in course: 35:56

Rank in category: 21(of 29)

Best time in the category: 43:00