



20. Gothaer City-Lauf
Gotha / 12.05.2013

Detailed evaluation

Heß, André

Club: Seebergen

Number: 195

Course: 11.10 km

City-Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 54:36

Speed: 12.09 km/h

Running performance: 4:55 min/km

Rank in course/Total: 114 (of 228)

Rank in course/Men: 102 (of 183)

Best time in course: 35:56

Rank in category: 13(of 19)

Best time in the category: 39:18