



20. Gothaer City-Lauf
Gotha / 12.05.2013

Detailed evaluation

Rabe, Thomas

Number: 93

Course: 11.10 km
City-Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 55:11

Speed: 12.07 km/h

Running performance: 4:58 min/km

Rank in course/Total: 120 (of 228)

Rank in course/Men: 109 (of 183)

Best time in course: 35:56

Rank in category: 20(of 30)

Best time in the category: 39:31