



20. Gothaer City-Lauf

Gotha / 12.05.2013

Detailed evaluation

Lips, Markus

Club: Geraberg

Number: 178

Course: 11.10 km

City-Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 55:25

Speed: 12.02 km/h

Running performance: 4:59 min/km

Rank in course/Total: 124 (of 228)

Rank in course/Men: 112 (of 183)

Best time in course: 35:56

Rank in category: 6(of 10)

Best time in the category: 46:07