



20. Gothaer City-Lauf
Gotha / 12.05.2013

Detailed evaluation

Kranz, Horst

Club: Sondershausen

Number: 40

Course: 11.10 km

City-Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 56:35

Speed: 11.77 km/h

Running performance: 5:06 min/km

Rank in course/Total: 135 (of 228)

Rank in course/Men: 119 (of 183)

Best time in course: 35:56

Rank in category: 8(of 14)

Best time in the category: 43:45