



20. Gothaer City-Lauf
Gotha / 12.05.2013

Detailed evaluation

Hermann, Rainer

Club: Rudolstadt
Number: 58

Course: 11.10 km
City-Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 57:04

Speed: 11.57 km/h
Running performance: 5:08 min/km

Rank in course/Total: 137 (of 228)

Rank in course/Men: 120 (of 183)

Best time in course: 35:56

Rank in category: 2(of 6)

Best time in the category: 50:30