



20. Gothaer City-Lauf
Gotha / 12.05.2013

Detailed evaluation

Temmler, Silke

Club: Normania Treffurt
Number: 116

Course: 11.10 km
City-Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 58:18

Speed: 11.42 km/h
Running performance: 5:15 min/km

Rank in course/Total: 151 (of 228)

Rank in course/Women: 22 (of 45)

Best time in course: 47:26

Rank in category: 4(of 5)

Best time in the category: 47:26