



## 20. Gothaer City-Lauf

Gotha / 12.05.2013

### Detailed evaluation

**Minack, Frank**

Club: SV Olympia Neustadt

Number: 59

Course: 11.10 km

City-Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 58:21

Speed: 11.41 km/h

Running performance: 5:16 min/km

Rank in course/Total: 153 (of 228)

Rank in course/Men: 131 (of 183)

Best time in course: 35:56

Rank in category: 8(of 10)

Best time in the category: 46:07