



20. Gothaer City-Lauf
Gotha / 12.05.2013

Detailed evaluation

Seeber, Frank

Number: 89

Course: 11.10 km
City-Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 58:59

Speed: 11.29 km/h

Running performance: 5:19 min/km

Rank in course/Total: 161 (of 228)

Rank in course/Men: 137 (of 183)

Best time in course: 35:56

Rank in category: 26(of 31)

Best time in the category: 42:47