



20. Gothaer City-Lauf

Gotha / 12.05.2013

Detailed evaluation

Ziezold, Nadine

Club: Sonntagsläufer Tambach-Dietharz

Number: 48

Course: 11.10 km

City-Lauf

Category:

Frauen (20-29 Jahre)

Total time: 59:01

Speed: 11.28 km/h

Running performance: 5:19 min/km

Rank in course/Total: 163 (of 228)

Rank in course/Women: 25 (of 45)

Best time in course: 47:26

Rank in category: 6(of 10)

Best time in the category: 53:34