



## 20. Gothaer City-Lauf

Gotha / 12.05.2013

### Detailed evaluation

**Goerge, Stefan**

Club: Lauffreunde Gotha

Number: 200

Course: 11.10 km

City-Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 59:48

Speed: 11.04 km/h

Running performance: 5:23 min/km

Rank in course/Total: 170 (of 228)

Rank in course/Men: 142 (of 183)

Best time in course: 35:56

Rank in category: 28(of 31)

Best time in the category: 42:47