



20. Gothaer City-Lauf  
Gotha / 12.05.2013

Detailed evaluation

Lauerwald, Jörg

Club: Das Lauftrio  
Number: 523

Course: 11.10 km  
Jedermannstaffellauf

Category:  
Jedermannstaffel

Total time: 1:00:00

Speed: 11.00 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 9 (of 13)

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Best time in course: 47:22

Rank in category: 9(of 13)

Best time in the category: 47:22