



20. Gothaer City-Lauf
Gotha / 12.05.2013

Detailed evaluation

Henkel, Uwe

Club: SV Thuringia Königsee
Number: 108

Course: 11.10 km
City-Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:00:15

Speed: 10.95 km/h
Running performance: 5:26 min/km

Rank in course/Total: 173 (of 228)

Rank in course/Men: 144 (of 183)

Best time in course: 35:56

Rank in category: 7(of 12)

Best time in the category: 47:40