



20. Gothaer City-Lauf
Gotha / 12.05.2013

Detailed evaluation

Grun, Holger

Club: Gotha
Number: 42

Course: 11.10 km
City-Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:00:34

Speed: 11.00 km/h
Running performance: 5:28 min/km

Rank in course/Total: 177 (of 228)

Rank in course/Men: 148 (of 183)

Best time in course: 35:56

Rank in category: 25(of 30)

Best time in the category: 39:31