



8. Walking Day am Möhnesee
Möhnesee-Körbecke / 01.06.2013

Detailed evaluation

Illner, Karsten

Number: 12107

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:37:35

Speed: 7.38 km/h

metres in height up: 218

Course score: 15.27

performance score: 113 Points