



8. Walking Day am Möhnesee Möhnesee-Körbecke / 01.06.2013

Detailed evaluation

Amling, Jürgen

Club: L-i-v-e Laufftreff Versmold
Number: 12025

Course: 12.00 km

Intersport-Arndt-Lauf (Nordic Walking)

Total time: 1:38:50

Speed: 7.28 km/h

metres in height up: 218

Course score: 15.27

performance score: 111 Points