



8. Walking Day am Möhnesee  
Möhnesee-Körbecke / 01.06.2013

Detailed evaluation

Hansen-Röhe, Helmut

Club: Team NRW

Number: 16033

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 1:53:35

Speed: 8.45 km/h

metres in height up: 262

Course score: 19.93

performance score: 180 Points