



8. Walking Day am Möhnesee Möhnesee-Körbecke / 01.06.2013

Detailed evaluation

Ruschel, Elke

Club: DJK Adler 07 Lauftreff
Number: 16014

Course: 16.60 km
Sparda-Bank-Lauf (Walking)

Total time: 2:02:00

Speed: 7.87 km/h

metres in height up: 262
Course score: 19.93

performance score: 168 Points