



8. Walking Day am Möhnesee Möhnesee-Körbecke / 01.06.2013

Detailed evaluation

Alter, Michael

Club: LiVe Laufftreff in Versmold
Number: 16024

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:01:55

Speed: 7.87 km/h

metres in height up: 262
Course score: 19.93

performance score: 168 Points