



8. Walking Day am Möhnesee
Möhnesee-Körbecke / 01.06.2013

Detailed evaluation

Lappe, Rolf

Club: AS Neukirchen-Vluyn

Number: 16041

Course: 16.60 km

Bau-Wapelhorst-Lauf (Nordic Walking)

Total time: 2:08:38

Speed: 7.46 km/h

metres in height up: 262

Course score: 19.93

performance score: 159 Points