



8. Walking Day am Möhnesee  
Möhnesee-Körbecke / 01.06.2013

Detailed evaluation

Gommen, Bernd

Club: Nordic Walking Hobbygruppe Ahlen  
Number: 5027

Course: 5.00 km

Sparda-Bank-Lauf (Nordic Walking)

Total time: 41:17

Speed: 7.27 km/h

metres in height up: 42

Course score: 5.63

performance score: 41 Points