



8. Walking Day am Möhnesee  
Möhnesee-Körbecke / 01.06.2013

Detailed evaluation

Sanwald, Angelika

Club: Bickern  
Number: 5040

Course: 5.00 km  
Sparda-Bank-Lauf (Nordic Walking)

Total time: 42:07

Speed: 7.12 km/h

metres in height up: 42  
Course score: 5.63  
performance score: 40 Points