



8. Walking Day am Möhnesee  
Möhnesee-Körbecke / 01.06.2013

Detailed evaluation

Gommen-Rechau, Gaby

Club: Nordic Walking Hobbygruppe Ahlen  
Number: 5028

Course: 5.00 km

Sparda-Bank-Lauf (Nordic Walking)

Total time: 42:22

Speed: 7.08 km/h

metres in height up: 42

Course score: 5.63

performance score: 40 Points