



## 10. Town & Country Marathon

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 02.06.2013

### Detailed evaluation

**Koch, Heike**

Club: TSSC Erfurt

Number: 805

Course: 42.20 km

Marathon

Category:

Seniorinnen W40

Total time: 4:26:58

Speed: 9.44 km/h

Running performance: 6:20 min/km

Rank in course/Total: 9 (of 14)

Rank in course/Women: 3 (of 3)

Best time in course: 3:46:20

Rank in category: 1(of 1)

Best time in the category: 4:26:58