



10. Town & Country Marathon

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 02.06.2013

Detailed evaluation

Sömmer, Fred

Club: BSG Wartburg-Sparkasse

Number: 269

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Senioren M45

Total time: 56:59

Speed: 10.53 km/h

Running performance: 5:42 min/km

Rank in course/Total: 25 (of 44)

Rank in course/Men: 20 (of 28)

Best time in course: 39:18

Rank in category: 4(of 4)

Best time in the category: 50:29